

#### August 15 2024 Edition 61





### THE COOROW QUILL

Our school is built on the land of the Yuat people – the Yuat are part of the Noongar nation. We respectfully acknowledge that the Yuat have been the custodians of this country for many thousands of years and we pay our respects to their Elders past and present.

What a lovely start we have had to Term 3!

On the first day back, we welcomed Miss Musarra to our Early Childhood class. She settled in very quickly and has been doing wonderful things with the students. They have been making great progress with their reading and writing – even the Kindy kids are learning their initial sounds! I'm sure that everyone who saw them perform at the assembly this week would have been impressed with their confidence and concentration as they performed their Talk for Writing performance about the little green dinosaur who lost its mother.

Term 3 is usually busy, busy, busy, with loads of interruptions, but this year, there has been lots of time for teaching and learning and we can all see the students' progress. We did have one beautiful incursion where students learned about protection of the magnificent black cockatoo species which have suffered greatly from habitat loss. They learned about the importance of planting trees to provide food for the birds, and how volunteers are providing them with nesting boxes because we no longer have enough ancient trees with holes big enough for them to nest in.

We also visited Mt Lesueur National Park for our annual walk with ranger Tyson Isles. Ranger Tyson is fascinated by flowers and geology and loves sharing his knowledge with the children. The teachers love seeing the children enjoying the bush, showing initiative and resilience as they try out new skills and manage tricky situations by themselves. They always come home exhausted, but proud of their achievements.

#### Dates to remember



Monday 19	School
August	Development Day
Friday 23	Faction Athletics
August	Carnival
Monday 2 September	Coorakar Rally & Bookweek dress up day
Wednesday 4	Pot and Tangles
September	Incursion 3 days
Friday 13	Interschool
September	Athletics carnival
Tuesday 17 September	Assembly
Friday 20 September	Last day term 3

Next week we have our annual faction carnival, joined as usual by Eneabba Primary School which has grown rapidly, so the Hurricanes faction may be a force to be reckoned with this year. The faction carnival is another opportunity for the children to try out new skills and they often have to manage strong emotions – how to be a good loser... and how to be a good winner! How to be supportive of the person who drops the flag or the ball in a team game, or how to react themselves when they are the person who is embarrassed by dropping it. It's lots of life skills, as well as athletics, in a single afternoon. Please help us by keeping the focus on participation and enjoyment, doing your best and knowing that is good enough, supporting your team mates and knowing that winning isn't everything. There can only be one winner but there is no fun and no competition without all the others who participate.

This will be my last newsletter for this term as I will be taking long service leave in weeks 9 and 10.









### **SAVE THE DATE**

# Monday 2nd September Father's Day at CPS

Inviting ALL members of the family to bring their helmets, bikes and scooters, to have a crack at our **Coorakar Rally** track!



8:40am - 11:00am
BOOK WEEK PARADE
COORAKAR RALLY
SAUSAGE SIZZLE



#### **Enchanted Forest BOOKFAIR**

Bookfair is a highlight for all students, mostly because they like the opportunity to buy books, but also because of the amazing transformation our library takes for 2 weeks.

Thanks Mrs Parker for turning our library into an Enchanted Forest.

Thank you to our whole school community for supporting the fair.

Total sales were \$819 which is incredible. This allowed Mrs Parker to choose some new resources for the library.



Students entered creative artwork which is on display in the library. Along with scavenger hunts this gave them an opportunity to win a \$10 voucher. Congratulations to Sierrah, Patrick, Mark, Khloé, Luca and Connor who were our Bookfair winners for 2024.



#### **Honour Certificates**

**Connor** for a consistently enquiring mind during science and HASS lessons. Problem solving challenges that arise and assisting others.

**Thomas** for his great improvement of his reading and sounding out of tricky words. Keep up the awesome effort Thomas!

**Latayah** for always trying her best when completing work and being a positive member of the classroom. Keep up the great work Latayah!

**Emily** for showing persistence when practicing and improving her reading. Keep up the great work Emily!

**Connor** for 100% effort in working to improve your spelling.

**Tilly** for her outstanding and positive attitude towards school. She enters the classroom everyday with a smile. Keep up the fantastic attitude Tilly!

Kai for 100% effort in working to improve your spelling.

**Declan** - Your enthusiasm during geography lessons has been wonderful to see. It's been lovely to witness your passion for the subject, Declan!

Michael for 100% effort in working to improve your spelling.

**Ada** for a big improvement in her handwriting and pencil grip. Practice makes perfect and you're almost there. Keep up the good work Ada!

**Kai** for a consistently enquiring mind during science and HASS lessons. Always having a go and striving to improve.



# School enrolments are now open for 2025

If your child is starting Kindergarten, Pre-Primary, Year 7 or changing schools you will need to apply to enrol by 19 July 2024

Find out more by contacting Coorow Primary School - 9952 2800 or coorow.ps@education.wa.edu.au



SIGN UP

IN-STORE TODA







#### Join the Support Our Schools Program (SOS)

- It's free and available to all Gilbert's customers!
- Gilbert's Fresh Market donates 1% of the money spent by you to your nominated school every time you shop with us.
- Sign up at the checkout and simply present your SOS card for scanning each time you shop to earn funds for your school. It's so easy!



gilbertsfresh.com.au

We received our first payment of \$212.00, from Gilbert's SOS program. Thank you to everyone who has signed up and chosen Coorow PS as your nominated school.



Welcome to Coorow Primary School 3-Ups program for 2024. If you would like your child to attend 3-Ups can you please complete an enrolment form available from the office, or alternatively contact us on 9952 2800 and we will email one to you.

The next 3Ups session will be Wednesday 21 August.

The sessions run fortnightly.

Please join us from 1.30pm to 3.00pm every second Wednesday of term. You will need to bring a hat, drink bottle and snack. Please also pack a spare set of clothes for your child in case they get wet or messy.

















#### Unlock the magic of reading with the Premier's Reading Challenge

Our school is participating in the Premier's Reading challenge 2024. There are prizes to be won, fun to be had and stories to uncover.

It started last Monday, 6 May and runs through until Friday, 6 September. We would love as many families at home to get involved with their children in reading as many books as they can during the challenge time.





# Free online parent workshops Term 3, 2024 Calendar

### Facilitated by school psychologist consultants with the Triple P and Child and Parent Centre teams

The Triple P and Child and Parent Centre teams are excited to offer a series of free online workshops for families. The Triple P - Positive Parenting Program gives parents and carers ideas and strategies to help their child develop the skills and behaviours they need for a healthy childhood. To learn more about Triple P, visit the <a href="Education in WA">Education in WA</a> website.

How to register

Scan the QR code or click/type the link below into your browser: https://forms.office.com/r/qUzPu8xhvt

Registration is essential to attend online workshops and will close 24 hours before the scheduled workshop. You will be sent an email with information and a link to join on the morning of the workshop. We would recommend downloading the <a href="Webex app">Webex app</a> ahead of the workshop.



If you would like to register for other Triple P workshops, please visit the <u>Triple P in WA</u> website and search for upcoming sessions by location. Parents can also access a range of <u>Triple P Online</u> programs for free. Please note that these webinars are unable to be recorded.

Tuesday 20 <sup>th</sup> August 8pm – 10pm	The power of positive parenting (under 12 years) Children of all ages need a safe, secure and loving environment to do well. This seminar will discuss children's behaviour, how to create a safe, interesting and positive learning environment, how to use assertive discipline, and taking care of yourself as a parent.
Tuesday 27th August 8pm – 10pm	Promoting self-esteem (pre-schoolers, primary schoolers and teens) As children grow up they form views of themselves as a person, their value as an individual and how good they are at doing things. This view of their self-worth is called self-esteem. This session will help you encourage your child to be confident and develop healthy self-esteem.
Tuesday 3 <sup>rd</sup> September 8pm – 10pm	Learning to separate (toddlers and pre-schoolers)  All children have to learn to cope with temporary separations from their parents. Shyness around new people and anxiety about separation from parents is common in toddlers and pre-schoolers. This session will help you teach your child to be comfortable around others and calmly separate from you, into the care of another trusted adult/caregiver.
Tuesday 10 <sup>th</sup> September 7pm – 9.30pm	Fear-Less: Supporting children with anxiety (6-14 years) Everyone feels anxious at times, even children and teenagers. But anxiety may cause distress and get in the way of life. This seminar will help parents to understand how anxiety works, how to manage your child's anxiety effectively and teach your child new coping skills.
Tuesday 17th September 8pm – 10pm	Learning to use the toilet (toddlers and pre-schoolers) Teaching children to use the toilet independently can be challenging for parents. This workshop will provide tips on when your child may be ready, the skills needed to use the toilet, and some common behavioural issues related to using the toilet. This workshop is suitable for parents of children with neurotypical development and does not address any medical problems related to using the toilet.









# 36<sup>th</sup> Annual ENEABBA CROSS COUNTRY CHAMPIONSHIPS

Friday, 26th July 2024

The 2024 Eneabba Cross Country Championships was held at the Eneabba Golf Course on Friday, 26<sup>th</sup> July 2024. Many thanks to Robyn Patmore and Jessica Elliot for their organisation and co-ordination of the event; Vickie Lewis for setting up the course; Tim Davies & Eneabba Golf Club, for ensuring that our track was safe and in excellent condition; thank you to all the volunteers on the day including Carnamah Shire staff and Councillor Con Kikeros, Eneabba SES members, Iluka staff, Eneabba community members and parents from participating schools.

The Eneabba Cross Country Championships, now in its 36<sup>th</sup> year, is a tribute to the Eneabba community including the school, parents and groups who all contribute to this great event that showcases the talents, athleticism and sportsmanship of young people from all over the Midwest.

Competitors this year came from as far away as Perenjori in the north, Dandaragan in the south, Moora in the east and Dongara in the west. The event attracted 275 primary and secondary school competitors from 16 schools. The Eneabba Cross Country caters for students in individual age groups starting at Year 3 and under running 1000 metres through to Year 10 and over students running 2500 metres. Although we had early showers during set up, the weather cleared for this year's cross country and there were no records broken.

Feedback that has been received has been extremely positive. It is fantastic to see so many schools join us again this year, and we look forward to seeing them in 2025.

This annual event is proudly supported by Iluka Resources Limited and Strike Energy. We thank them for their continued promotion of youth, sport and learning at Eneabba.

The Eneabba P&C, with the support of community members catered for the Eneabba Cross Country. Thank you to Mrs Tammy Sandison and her team for co-ordinating this aspect of the event and all the P&C members and community who volunteered their time and/or contributed in some way.

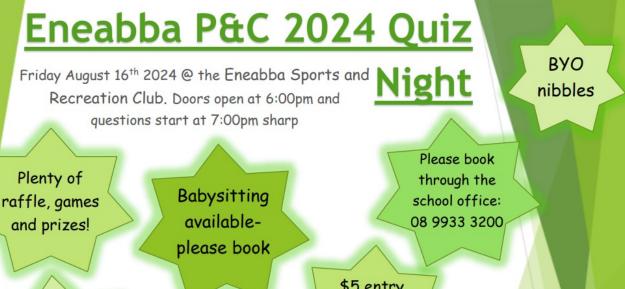
#### Special thanks to:

ILUKA RESOURCES LIMITED, STRIKE ENERGY,

SHIRE OF CARNAMAH, TOTAL TOILETS GERALDTON, Y BUY HIRE, ENEABBA SUPERSTORE ENEABBA GOLF CLUB, ENEABBA SES VOLUNTEERS, COMMUNITY MEMBERS, PARENT HELPERS, ENEABBA P&C & ENEABBA PRIMARY SCHOOL STAFF AND STUDENTS.

We look forward to seeing everyone again in 2025

Mrs Chloe Scott



Tables of up to 10 - no friends? Let us find you some! \$5 entry including door prize ticket

We look forward to seeing you there!

Bar available



**Saver Plus** gives you down-to-earth money talk - and a **\$500 incentive** to build your savings!

If you save up to \$50 a month for 10 months (the length of the program), **ANZ will double it.** 

#### What can the \$500 be spent on?



Laptops and tablets



Uniforms and shoes



Vocational education



Lessons and activities



Books and supplies



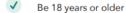
Camps and excursions

# Take control of your finances

For every dollar you save, you will receive another dollar from ANZ to spend towards educational costs, up to \$500



#### To join Saver Plus



✓ Have a Health Care or Pensioner Card

 Have a child in school, starting school next year, or be studying yourself

✓ Get a regular income (you or your partner)

Agree to join in free online financial education workshops

Saver Plus supports people to develop life-long savings habits. It's delivered by Brotherhood of St. Laurence, The Smith Family and Berry Street. It's funded by ANZ and Department of Social Services.

saverplus.org.au 1300 610 355





### **VacSwim**

## Keep your child safe in the water

Enrol them in school holiday swimming lessons.

Spots are limited, enrol now education.wa.edu.au/vacswim



# We're a KidSport regional pool

Eligible kids can access a one-off seasonal swimming pass!







## **VacSwim**

From beginners to strong swimmers, we have a program to suit your child's needs.

### October program Wed 25 Sep to Fri 4 Oct 2024

Lessons: 8 days (45 minutes each)
Cost: Single \$32.00\* Family \$85.50\*

Enrolments close: Wednesday 14 August 2024

Locations: Check website

### October short program Mon 30 Sep to Fri 4 Oct 2024

Lessons: 5 days (35 minutes each)
Cost: Single \$16.50\* Family \$43.50\*

Enrolments close: Wednesday 14 August 2024

Locations: Check website

## Find a location near you and enrol education.wa.edu.au/vacswim

\*Concessions available. A family enrolment includes 3 or more children from the same address. Does not include pool entry fees. Information on the website is available in languages other than English. If you require an Interpreter or need assistance in completing an enrolment form, contact us at VacSwim on 9402 6412.

