



# THE COOROW QUILL

Our school is built on the land of the Yuat people – the Yuat are part of the Noongar nation. We respectfully acknowledge that the Yuat have been the custodians of this country for many thousands of years and we pay our respects to their Elders past and present.

## Remembrance Day

Our school Remembrance Day observance will be held tomorrow, 10 November. Visitors need to be seated by 10.45, please, as the ceremony will commence at 10.50am sharp. It will be presented by our student leaders and all members of the community are welcome. All visitors are welcome to join school staff and RSL members in the staffroom for tea, coffee and biscuits from 10.25.

## Tuesday's KP assembly

What a fantastic assembly we had on Tuesday. It was so nice to have lots of people, including older siblings and grandmothers, here to watch our littlest people present the assembly. They were very brave and obviously having a great time, and they were so proud every time the audience laughed or applauded. Well done to Miss Turk for preparing them so thoroughly, and well done KPs!!

One of the things that made the assembly so good was being able to hear every word clearly, thanks to the new portable PA that the P&C purchased for us this year. I can see that it is going to make a big difference to lots of school events. We will still use the big system for carnivals and other times when more 'grunt' is needed, but the new system is light and portable, and suitable for both indoor and outdoor use. Thank you to the P&C!

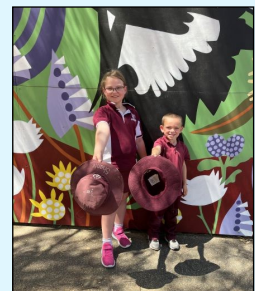
## Dates to remember



Friday 10 November	Remembrance Day
Thursday 16 November	CO3 Dance Workshop—Incursion
Thursday 16 November	Open Board Meeting
Wednesday 22 November	Year 6 Graduation dinner
Friday 24 November	North Midlands Cricket Blast
Mon 27 to Wed 29 November	Carnamah DHS Transition
Thursday 30 November	End of Year Awards Night
Friday 1 December	Wheels @ School
Monday 4 December	Interm Swimming Commences



Hats off for World Teacher's Day  
27 October



## Our vision

*At Coorow, we strive to do our best. We are confident and resilient.  
We laugh and learn and grow together.*

### Career Education

The Year 5/6 students will have two special career education days on November 20 and 27. The staff from Joblink Midwest in Geraldton will be presenting their new primary program – we are the first school to receive this! These career days will focus on developing students' awareness of all the different careers available in many different fields. In particular, students will learn about careers they can pursue in the Midwest and especially our local area. It would be great to see some of our wonderful young citizens staying local and contributing to our community as they grow up.

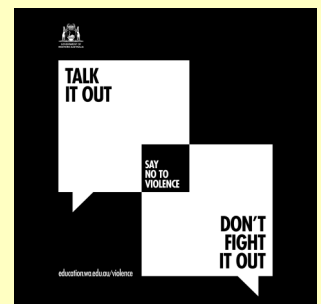


### Respectful Relationships

Our school has joined the Respectful Relationships Teaching Support Program that is being introduced across Australia. The program supports teachers to teach, in age-appropriate ways, about building and maintaining respectful relationships. The aim is to prevent violence in our community, particularly family and domestic violence. Respectful Relationships fits exactly into our WA Health Education curriculum and complements Protective Behaviours lessons and *Friendly Schools Plus*, our wellbeing program.

We have chosen to participate in the Respectful Relationships program because we know that family and domestic violence touches every community in the nation and affects people of all ages, levels of wealth, religions, and cultures. One in four Australian children are exposed to domestic violence. We also know that as a school community, we can play an important role in breaking the cycle of violence and stopping it before it occurs.

Our teachers will integrate the concepts of gender equality and respect into all areas of the curriculum. Like protective behaviours, the content is entirely age appropriate. We will also examine our existing policies and practices to make sure that we offer all students, regardless of gender, equal opportunities to reach their full potential.



### Respectful Relationships – Save the Date!

**We have some exciting 'SAVE THE DATE' news to share. Please mark 27 February 2024 in your calendars as a date not to be missed.** We have organised for several outstanding speakers to visit our school, work with students during school hours, then present a Respectful Relationships forum for adults later in the day. These speakers will keep you engrossed and involved as they speak about gender-based violence and how we can break the cycle and stop domestic violence before it occurs. This will be a family-friendly event and childcare will be provided so that everyone can attend. Our goal is that the next generation will be able to live and grow in an environment where everybody enjoys healthy, positive, and respectful relationships, in all aspects of their lives, and violence is never accepted.

White Ribbon Day—Friday 17 November

[Domestic Violence Programs | White Ribbon Australia](#)



### Swimming Lessons

Our swimming lessons are planned for 4 – 13 December (weeks 9 & 10). I have spoken to shire CEO Mia Maxfield who confirmed that they are trying hard to secure a pool manager from Royal Lifesaving for those dates. However, if this falls through, the shire will assist us to deliver the swimming lessons at Carnamah Pool.



### Co3 Contemporary Dance incursion

We are excited to welcome Co3 Contemporary Dance to our school on Thursday 16 November where they will present workshops for our P-2 and Yr 3-6 students. The Co3 teaching artist will lead students to explore new and unique ways of moving their bodies and invite them to be brave and curious in sharing their discoveries. We have had Co3 visit our school once before and everybody agreed it was a enjoyable and interesting way to explore our creativity and express ourselves through dance.

### Kindy orientations

Next Wednesday, 15 November, there will be orientations for our 3Ups students and their parents. Children and parents will experience riding together on the school bus between 10.20 and 10.40. (Special thanks to Gerry O'Callaghan for allowing us to use his bus.)



Beginning at 11am, our school and community nurse, Tara Spencer, and Bonnie Hughes, Occupational Therapist with WA Country Health Service, will present a 'transition to kindy' information session for parents in the staff room. I am sure you will find this valuable and I hope all parents will attend.

### Home Reading

Congratulations to the following students who have already achieved over 200 nights of home reading:

Aaron  
Kira  
Declan  
Khloe

Kai  
Michael S  
Shante  
Romy

Luca  
Tom  
Heidi



You will soon find out about the special event that the teachers have planned to celebrate your achievement.

### 'Above and Beyond Classmate Award'

Very special congratulations to Rory Cullen who was the first recipient of the 'Above and Beyond Classmate Award' presented by Sergeant Mike Nardini from Carnamah Police Station. Rory was selected to receive this award for the strong and mature leadership he has developed this year. He is able to build positive relationships with everybody and everybody understands that when he speaks to them, it comes from a place of kindness. Everybody respects his opinions. Rory is a young person with a tremendous amount of influence, empathy and integrity. He helps every day to make our school a better place. Congratulations, Rory.



### Attendance

It has been a great week for attendance this week. I am writing this on Wednesday afternoon and so far this week, in the Junior Room there have been no absences, and in the senior room, there has been only one day's absence, and that was due to illness. Congratulations!

So far in Term 4, 66% of students are attending regularly and 62% of absences have been authorised (being due to illness or reasonable cause). These figures are below our targets of 75% of students attending regularly and 95% of absences being authorised but they are better than our Term 2 and 3 figures. Our best term was Term 1, when we almost met our targets.

Targets	75% of students attending regularly	95% of absences are authorised
Term 1	74%	92%
Term 2	59%	62%
Term 3	56%	71%
(up to week 5) Term 4	66%	62%

Please ensure your children attend right to the very end of the year, and then commence the new year on day 1: Wednesday, January 31.

Remember, sick children should stay at home, but otherwise, children should be at school. Children who attend regularly do better both academically and socially. When it comes to attendance, every day counts.



**Save your seat!**

**2024 School Bus Transport Assistance**

Apply before November 24, 2023 at  
[schoolbuses.wa.gov.au](https://schoolbuses.wa.gov.au)

**SES SchoolBus Services**





### *Honour Certificates*

**Kira** for being a motivated and independent student who has a great love of learning and always strives to do her best. Well done Kira!

**Mark** for his improved listening skills and trying his hardest in all subject areas. Keep up the great work Mark!

**Ash** for being a learner. Making good choices to allow for better focus during class time and completing work within allocated time.

**Heidi** for being a learner. Extending herself in all class tasks, allowing others a turn to learn and reflecting on ways to improve own learning.

**Emmy** for consistently being a responsible, resourceful and brave class member. You always try your best, are a problem solver and someone who can be relied upon to help. Keep it up Emmy!

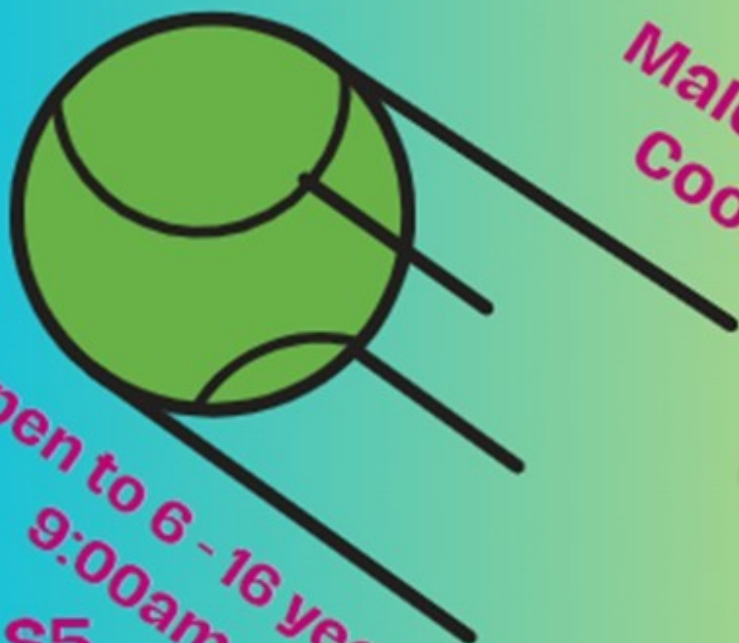
**Oliver** for being a learner in our classroom, working hard to complete activities to the best of your ability and act upon feedback given.



NORTH MIDLANDS



# JUNIOR TENNIS TOURNAMENT



**9:00am**  
**SAT 9**  
**DEC**  
**2023**

**Maley Park,  
Coorow**

**Open to 6 - 16 year olds.**  
**9:00am start**

**\$5**  
**ENTRY**  
**FEE**

- 6-9 years, modified Novice Event
- 9+ years, modified Novice Event
- Open Event, experienced players, any age.

**The Tournament encourages novice participation and will feature modified match play (determined after entries).**

Please register online by Friday Dec 1st at  
<https://play.tennis.com.au/coorowdistricttennisclub>  
Enquiries to Hannah Smyth 0408121119



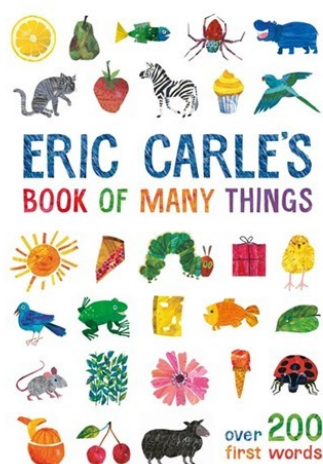
Welcome to Coorow Primary School 3Ups program for 2023. If you would like your child to attend 3Ups can you please complete the enrolment form available from the office, or alternatively contact us and we will email one to you.

# 2023 3-Ups

This year we are going to be learning exploring the works of author, Eric Carle. Please join us from 10.40am-12.40 pm every second Wednesday of term. You will need to bring a hat, drink bottle and snack. Please also pack a spare set of clothes for your child in case they get wet or messy.



26 July
9 August
23 August
6 September
20 September
18 October
1 November
15 November
29 November



Session Timetable	
10.40	Arrive
10.40-11.10	Outside play and snack
11.10-12.10	Story, songs, fine motor activities, animal related activities
12.10-12.40	Outside play
12.40	Pick-up

# COOROW PRIMARY SCHOOL

## Lunch Order Menu

### Hot Food

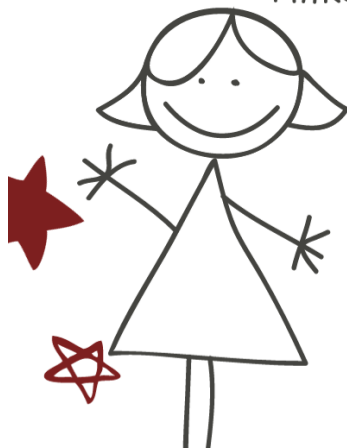
Sausage Roll	\$4.50
Pizza - Ham & Pineapple, BBQ Chicken, Ham & Cheese and Cheese & Pineapple	\$6.00
Toasted Sandwiches	\$5.00
Spaghetti Bolognese	\$6.00
Lasagne	\$6.00
(Gluten Free options available)	

### Fresh Food

Fresh Sandwiches	\$6.00
Fresh Wraps	\$7.00
Chicken Caesar Salad	\$7.00

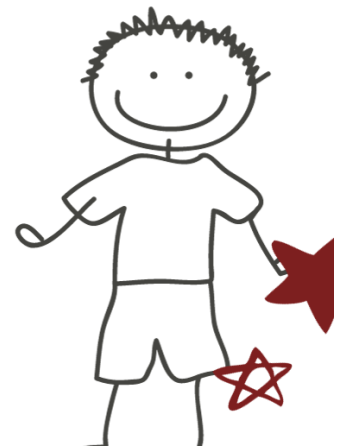
### Drinks

Apple & Blackcurrant Juice	\$2.50
Apple Jucie	\$2.50
Orange Juice	\$2.50
Milkshake	\$4.00



Lunch Order Day - Tuesday

*OLD UTE CAFE'*







## NDIA is visiting regional WA

### Do you live in rural or regional Western Australia and have questions about the NDIS?

The National Disability Insurance Agency (NDIA) and partners (APM and Wanslea Family Services) will be visiting rural and regional WA, on board the Services Australia Mobile Service Centre.

You can visit the Mobile Service Centre and connect with our NDIS representative virtually or face-to-face about a range of topics including:

- Understanding the NDIS, including early childhood and local area coordination services
- Applying to access the NDIS for funded supports
- Understanding the options of managing your funding
- Requesting services with an approved plan.

### Dates listed below for a location near you.

[When and where to find Mobile Service Centres - Mobile Service Centres - Services Australia](#)

**Monday 11<sup>th</sup> December: 9.30am – 4.00pm**

- Jurien Bay

**Tuesday 12<sup>th</sup> December: 9.00am – 4.00pm**

- Greenhead

**Wednesday 13<sup>th</sup> December: 9.00am – 4.00pm**

- Dongara

**Thursday 14<sup>th</sup> December: 9.30am – 3.00pm**

- Northampton

➤ The Location of the Mobile Service Centre will be advised closer to the event

[ndis.gov.au](https://www.ndis.gov.au)





# 16 Days in WA

25 November - 10 December

# 2023



## Stopping Family and Domestic Violence:



[16days.wa.gov.au](http://16days.wa.gov.au)



Date: November 24th, 2023  
 Time: 9:00 AM – 11:00 AM  
 Location: Stow Gardens, Multipurpose Centre,  
 Geraldton Foreshore

**Join Us for the Annual Walk Against Violence event!**  
**This Year's Theme: "Empowering Together"**  
**Uniting to create a safer community.**



Each year, WAVE advocates for awareness and change, and this year's theme is "Empowering Together", emphasising the importance of uniting as a community to create a safer environment. We are committed to focusing on our community and highlighting the collaborative partnerships that organisations have in supporting victims and their families who have been exposed to or are experiencing family violence.

### What to Expect:

**Speeches:** The event kicks off with inspiring speeches from Desert Blue Connect staff, victim-survivors and representatives from other partnership organisations. These speeches will shed light on the importance of community support and unity.

**Remembrance Moment:** Participate in a minute's silence in remembrance of the victims and their families domestic homicide this year.

**Symbolic Walk:** Participate in a peaceful symbolic walk through town, amplifying our message and standing together against violence.

**Sausage Sizzle:** After the walk, enjoy a free networking sausage sizzle with fellow participants. It's an excellent opportunity to connect with like-minded individuals and organisations dedicated to ending violence.

**Reflection Paddle Out (To Be Confirmed):** Immediately following the Desert Blue Connect WAVE event, you are invited to participate in an additional reflection paddle out organised by Shaun from A Glassy Day Surf Coaching. This activity offers a unique way to reflect on the event and its significance. Boards and wet suits are provided. Please Note: The reflection paddle out is not hosted by Desert Blue Connect, and as such, we do not hold any liability for this part of the event.

**For more information or inquiries, please contact Desert Blue Connect:**

**Email:** [info@desertblueconnect.org.au](mailto:info@desertblueconnect.org.au)

**Phone:** 0899642742

**Address:** 25 Chapman Road, Geraldton WA

Resources and Further Reading:

Your Toolkit— [Yourtoolkit.com](http://Yourtoolkit.com) | [Domestic Violence & Financial Abuse Support Australia](http://Domestic Violence & Financial Abuse Support Australia)

Respect—The Conversation Guide [The Conversation Guide – Respect.gov.au](http://The Conversation Guide – Respect.gov.au)

Respect - Women & Girls [atsi\\_conversation\\_guide.pdf \(respect.gov.au\)](http://atsi_conversation_guide.pdf (respect.gov.au))

Stopping Family Violence— [Home - Stopping Family Violence \(sfv.org.au\)](http://Home - Stopping Family Violence (sfv.org.au))



## Children may clam up...

- when they are interrupted.
- when their adult listener is obviously bored or busy doing something else.
- when the adult takes over the discussion.
- when they have their pronunciation or grammar mistakes criticised.
- when they feel they are being questioned.
- when they feel disapproval.

## Talking about worries

Sometimes children need to talk about worries, but don't know how to start. Recognise their feelings and gently prompt them. If you really don't have the time just then, make it clear that you will listen later on – and do! Find a quiet place where you can give your undivided attention. Help your child talk about their feelings. Find out what they would like to happen before taking over with adult solutions. It might be best to compromise. If the problem is serious and you need to act, try to stay calm. Strong adult emotions can scare children into silence.

For more parenting information and support:

Parentline ACT	(02) 6287 3833
Parentline NSW	1300 1300 52
Parentline NT	1300 30 1300
Parentline QLD	1300 30 1300
Parent Helpline SA	1300 364 100
Parenting Line TAS	1300 808 179
Parentline VIC	13 22 89
Parenting Line WA	08 9368 9368 (metro) 1800 111 546 (regional)

Parenting lines provide a telephone service providing information and good ideas about caring for babies and children.

Content consultants:

Gillian Lee (Clinical Psychologist)  
Dr. Sue Roffey (Educational Psychologist)  
Dr. Sue Packer AM (Community Paediatrician)  
Dr. Bronwyn Gould AM (G.P., Child Protection Consultant)

NAPCAN is an independent charity and the leading advocacy body for prevention of child abuse and neglect.

[www.napcan.org.au](http://www.napcan.org.au)

**NAPCAN**  
PREVENTING CHILD ABUSE

## LISTENING TO CHILDREN

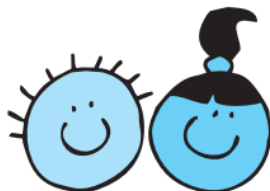
# Listening to CHILDREN



Revised 06/08  
NAP1001

## Why listening to children is so important

Making a point of listening to every child you know is one of the most important things you can do. It shows children you really care and respect that they are worth listening to. This helps them feel they are special and respected. Being listened to also helps children to practice putting ideas into words, explore their feelings, and develop self-confidence. When you listen to your child, you benefit by learning more about how your child thinks and feels, and what they need.



## Finding a time and place for talk

Children will chat more freely when they are doing something with you. This could be:

- Going shopping together
- Walking the dog
- Sitting at a table and sharing a meal
- Watching a TV program together
- Doing a puzzle or making something together

Bedtime is a great time to talk. Then your child knows you are a captive audience!

## How to be a good audience

Really pay attention to what your child is saying, rather than doing or thinking about something else.

Show you are listening by nodding, smiling or mirroring the feelings in your child's story. Say things like, "Yes, I see" or "He didn't!"

Ask general questions like, "What happened then?" or "What did you think about that?" This helps children to develop their own ideas and shows that you are interested.

## Encouraging children to talk

Ask about the best thing that happened in your child's day.

Remember what has been going on for your child so you can ask the best questions. Ask about their friends.

Ask their opinions about things. Ask how they would solve problems. But respect their answers!

If you are reading a book with your children, discuss it with them. Pause at the end of each page for them to comment.

If your child doesn't respond to a question, don't push. Change the topic.

Remember that children live much more in the minute than adults. If they don't want to talk about what happened at school, it's probably because it's not important anymore!

